



Pews News (Sunday 30th March)

10am Mothering Sunday, St Mary's

Wishing all our lovely mums and grandmas a Happy Mother's Day

The Collect

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

Please remember in your prayers

The Sick: Marilyn Bailey, Sandra Baxter-Brown, James Field, Jacquie Griffiths, Sheila Jones, Cindy Kennedy, Stacey Medalyer, Christine Miles, David Rivett, Jacky Williams and Hazel Wiltshire

Last Saturday Catherine and I hosted a Lent lunch, and it was fantastic to welcome our guests for a simple meal of soup and cheese. It was a really fun and enjoyable event.



There are places available at the remaining two lunches. Please support if you can.

Friday, 4th April, 12.30pm hosted by Sandy Crowther and Melanie Shone, Hascombe Vestry

Thursday, 10th April hosted by Judith and Nick Lahey-Bean

If you haven't been to a Lent Lunch before Judith and Nick or Sandy and Melanie would love to welcome you to their events. Please contact Pam on 200140 or email Pam on pamwalker2020@gmail.com

Money donated at the lunches is given to the Bishop of Guildford's communities fund.



**10am Sunday 6th April, Parish Communion, Dunsfold
10am Sunday 13th April, Palm Sunday, Hascombe
7pm Thursday 17th April, Maundy Thursday, Hascombe
18th April Good Friday 12pm Hascombe/2pm Dunsfold
20th April Easter Sunday, Dunsfold**



Imagine walking into a coffee shop, short of a few pennies, and the person behind you insists on making up the difference with a smile. Feels good, right? That simple moment of generosity could shift your whole day.

You may decide to pay it forward, helping someone else, and before you know it, a wave of kindness spreads.

What if I told you that science backs this up? That kindness is contagious and has a ripple effect that can change not only your life but the world around you? Kindness isn't just a good idea-it's science!

Want to relax? Be kind. It releases serotonin.

Need pain relief? Acts of kindness trigger endorphins.

Want to feel loved? Oxytocin flows when you help others.

That's a potent cocktail for a happier, healthier life!

The Bible has been teaching this long before science caught up. Jesus said in Matthew 20:26 that whoever wants to be "great" must be a "servant of all."

The essence of developing a sense of meaningful identity is found in our willingness to serve others. You are the catalyst for something bigger. You don't need much to make an impact. You just need to be intentional. Hold the door open, compliment a stranger, check in on a friend... Every act of kindness is a spark that ignites a chain reaction.

This is part of what Jesus means in Matthew 17 when He says if you have the faith of a mustard seed you can move mountains.

Small acts of kindness, flowing from a heart of faith, can make a big difference. The world is watching—lead by example.

Great leaders aren't just the loudest voices in the room; they're the ones who lift others up.

People remember how you made them feel more than what you said. In business, relationships, and life, kindness is a powerful move. It builds trust, strengthens communities, and creates lasting influence.

It all starts with you. You have the power to create a chain reaction. The person you help today might help ten more people tomorrow. That's how movements start. That's how cultures change. If you've ever doubted your ability to make a difference, let this be your wake-up call: You already have everything you need.

Remember the teaching of the Good Samaritan. So, step up. Be the spark. Light the way with kindness. And watch as the world shifts because of YOU.